



# OUR SEAS, OUR LIFE

*A guide to understanding ocean life  
and its importance to us.*

This event is organized by the Department of Environment and Natural Resources through its Coastal Environment Program and Coastal Resource Management Project in collaboration with the UNESCO National Committee on Marine Sciences, and is supported by the United States Agency for International Development.

I ♥ the Ocean





## **The “I Love the Ocean” Creed**

I believe that the ocean harbors life, life that I  
must protect

I believe that the ocean is mankind’s greatest  
common heritage

I believe that the diversity of the ocean is  
important to sustaining human life

I believe that I am part of but one ocean, and  
that everything I do affects the delicate balance  
of life on Earth.

I believe that it is my duty to protect the ocean

I believe that, by protecting the ocean, I help  
protect the future.

Therefore, I pledge to always live in harmony  
with the ocean.

# ANG DAGAT AY BUHAY *OUR SEAS, OUR LIFE*

Music and lyrics by Vehnee Saturno  
Performed by Cris Villonco

Karagatan ay buhay, pagyamanin mo  
*The ocean is life, a blessing we ought to treasure*

Mga ilog at dagat, ito'y bigay sa 'yo  
*Our rivers, our blue seas are Earth's gifts to people*

Bakit natin hahayaan na sila'y masira pa  
*Why are we turning our ocean into this wasteland*

Ang kulay asul na tubig, paitimin mo ba?  
*Our life-giving blue sea into this lifeless mud?*

## CHORUS:

Ating pagyamanin ang bigay sa atin  
*Let us care for our ocean, we all must do our share*

Ang asul na tubig ay buhay  
*For water that is blue, it means life*

Huwag nang sayangin pa  
*Let us not lay waste*

Ang lahat ng dagat, ilog at ang lawa  
*The sea, the river, precious jewels all*

Ito'y dapat na mahalín, ito'y dapat na sagipin  
*And so let us love the ocean, and let us save our blue seas*

Pagka't ang dagat ay siyang buhay natin.  
*For ocean and life, they are one, they're the same.*

Ang yaman ng dagat di pang habang-buhay  
*The treasures of the sea can't last forever*

Ngayo'y halos wala na, ang yaman niyang taglay  
*See how they're almost gone, precious sea jewels*

Mahalín natin ang dagat tulad ng mga pangarap  
*So let us love the ocean as we cherish our homes*

Dahil ito ay buhay ng lahat.  
*For the sea means life for all.*

## (CHORUS)

### BRIDGE:

Ang buhay ng dagat ay nasa atin  
*For the sea and life, they are one, they're the same*

Pagka't ang dagat ay siyang buhay natin.  
*For ocean and life, they are one, they're the same.*



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